Framingham Heart Study

Offspring Cohort Exam 5

01/23/1991-06/29/1995 N=3799

Exam Form Versions

3-49 Cognitive Function (I-II), Numerical Data (I-II), Functional Performance, Activities Question (A-C), Medical History, Cancer Site or Type, Physical Exam, Electrocardiograph (I-II). Clinical Diagnosis Impression (I-III) & Second Examiners Opinions in Interim

No Version Number: Lab Data

Variables E105-E211, "The Relationship Between Exercise and Health" questions, are stored in a separate data set. Refer to that data set for these variables.

Notes on Framingham Heart Study Main Exam Data Collection Forms

Multiple versions of each exam form were used at the time of data collection. However, only one version of each exam form has been provided in the samples below. The other versions, which can be found in the participants' charts, have the same variables as the sample exam forms, but may be placed in a different format. EXAM 5

VERSION 02/28/91

Cognitive Function--Part I

|5|0|2||0|2| FORM NUMBER

SCORE CORREC	T NO TRY=6 UNKNOWN=9 Write all responses on exam form.
ECO 012369	WHAT IS THE DATE TODAY? (Month, day, year, correct score=3)
E002 01 69	WHAT IS THE SEASON?
E003 01 69	WHAT DAY OF THE WEEK IS IT?
E004 0123.69	WHAT TOWN, COUNTY AND STATE ARE WE IN?
E005 01 69	WHAT IS THE NAME OF THIS PLACE? (any appropriate answer ok my home, street address, heart study max. score $= 1$)
ECOL 01 69	WHAT FLOOR OF THE BUILDING ARE WE ON?
E007 012369	I AM GOING TO NAME 3 OBJECTS. AFTER I HAVE SAID THEM I WANT YOU TO REPEAT THEM BACK TO ME. REMEMBER WHAT THEY ARE BECAUSE I WILL ASK YOU TO NAME THEM AGAIN IN A FEW MINUTES: APPLE, TABLE, PENNY
W-O-R-L-D. PL	NOW I AM GOING TO SPELL A WORD FORWARD AND I WANT YOU TO SPELL IT BACKWARDS. THE WORD IS WORLD. EASE SPELL IT IN REVERSE ORDER. Write in (letters are entered and scored later)
$E_{0123,59}^{09}$	WHAT ARE THE 3 OBJECTS I ASKED YOU TO REMEMBER A FEW MOMENTS AGO?

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EXAM 5
Cognitive FunctionPart II
5 0 2 0 3 FORM NUMBER
SCORE CORRECT NO TRY=6 UNKNOWN=9
0 1 6 9 001 WHAT IS THIS CALLED? (WATCH)
0 1 6 9 201 WHAT IS THIS CALLED? (PENCIL)
0 1 6 9 0012 PLEASE REPEAT THE FOLLOWING: "NO IFS, ANDS, OR BUTS." (Perfect=1)
0 1 6 9 0013 PLEASE READ THE FOLLOWING & DO WHAT IT SAYS (performed=1, code 6 if low vision)
0 1 6 9 COLL PLEASE WRITE A SENTENCE (code 6 if low vision)
0 1 6 9 0016 PLEASE COPY THIS DRAWING (code 6 if low vision)
0 1 2 3 6 9 COLL TAKE THIS PIECE OF PAPER IN YOUR RIGHT HAND, FOLD IT IN HALF WITH BOTH HANDS, AND PUT IT IN YOUR LAP (score 1 for each correctly performed act, code 6 if low vision)

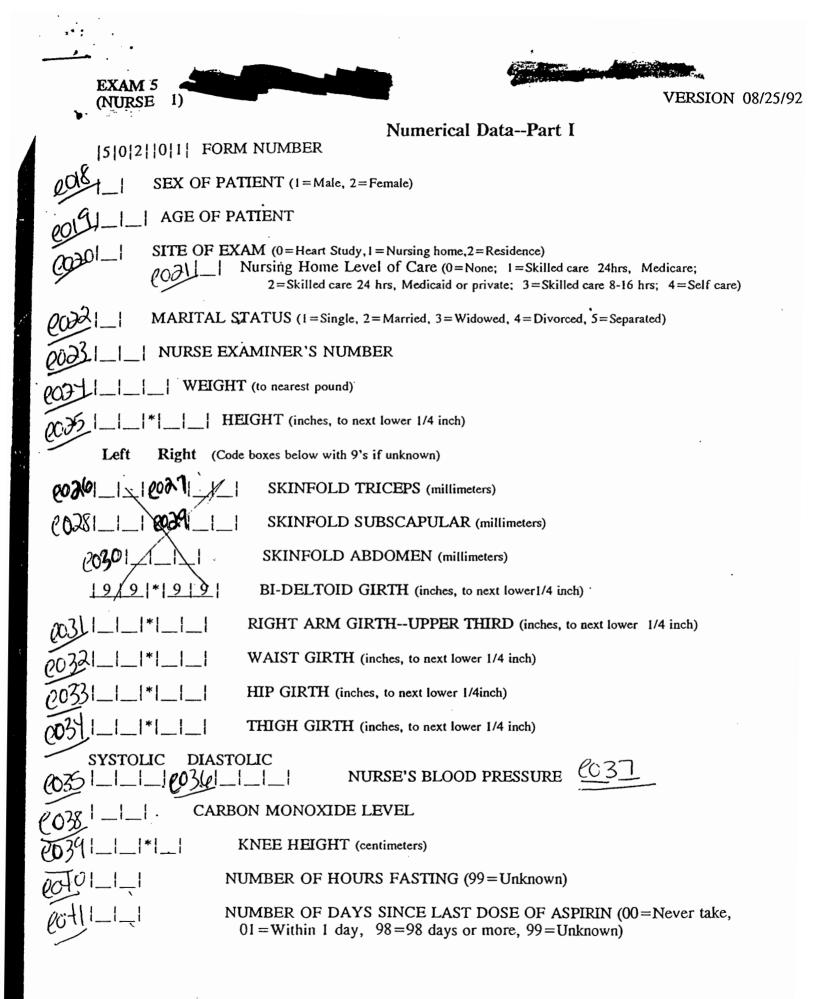
Examiner's Assessment of Subject's Mental Status

1_1_1 6017

1 = normal,
2 = possible dementia,
3 = factors such as illiteracy, not fluent in English, or depression cause poor testing 4 = dementia present

EX.

- 9 = unknown



NURSE 2)



Numerical Data--Part II



6042	URINALYSIS SPECIMEN DONE? (0=No, 1=Yes, 9=Unknown)						````````````````````````````````	
			Neg	Unk	Trace	Small	Moderate	Large
CC43		Blood	00	99	10	01	02	03
0011		Ketones	000	999	005	015	040	080-160
ears		Glucose	00	99	10	01	02	03-04
porte		Albumin	0000	9999	0010	0030	0100	0300-2000
20+7	<u></u>	pH		99	Values $= 5$.	0, 6.,0, 6.5,	7.0, 7.5, 8.0,	8.5

EXAM 5 PROCEDURES SHEET

lots 1_1	ECHOCARDIOGRAM (0=No, 1=Yes, 9=Unknown)
6048 1_1 / 6049 1_1 / 6050 1_1 /	ECHO DOPPLER (0=No, 1=Yes, 9=Unknown)
ROSO 1_1'	CAROTID DOPPLER (0=No, 1=Yes, 9=Unknown)
eosi1_11	BODY COMPOSITION (0=No, 1=Yes, 9=Unknown)
ecs21_1~	EXERCISE QUESTIONNAIRE (0=No, 1=Yes, 9=Unknown)
10531-1	SPIROMETRY DONE (0=No, 1=Yes, 9=Unknown)
eos41_1 ~	BLOOD LIPIDS (0=No, 1=Yes, 9=Unknown)
0r551_11	DIET QUESTIONNAIRE (0=No, 1=Yes, 9=Unknown)
eosie1_1 ~	GLUCOSE TOLERANCE TEST (0=No, 1=Yes, completed, 2= Yes, test not completed, 9=Unknown)
lost1_1 (ECG DONE (0=No, 1=Yes, 9=Unknown)

N ODIDAN EXAM 5

FRAMINGHAM OFFSPRING EXAM 5 PROCEDURES SHEET

	ECHOCARDIOGRAM (0=No, 1=Yes, 9=Unknown)
	ECHO DOPPLER (0=No, 1=Yes, 9=Unknown)
	CAROTID DOPPLER (0=No, 1=Yes, 9=Unknown)
	BODY COMPOSITION $(0=No, 1=Yes, 9=Unknown)$
	EXERCISE QUESTIONNAIRE (0=No, 1=Yes, 9=Unknown)
_	SPIROMETRY DONE (0=No, 1=Yes, 9=Unknown)
_	BLOOD LIPIDS (0=No, 1=Yes, 9=Unknown)
	DIET QUESTIONNAIRE (0=No, 1=Yes, 9=Unknown)
	GLUCOSE TOLERANCE TEST (0=No, 1=Yes, completed, 2= Yes, test not completed, 9=Unknown)
II	ECG DONE (0=No, 1=Yes, 9=Unknown)
	URINALYSIS DONE (0=No, 1=Yes, 9=Unknown)
I1	ABNORMAL RESULTS (0=No, 1=Yes, and list below)

EXAM 5		
(HOME 1) Functional Performance	VERSION	02/28/91
5 0 0 0 1 FORM NUMBER		
Where do you live: (0 = Private Residence, 1 = Nursing home, 2 = Other instituctions, retirement village, 9=Unknown) Use anyone live with you: (0=No, 1=Yes, 9=Unknown) (Code Nursing Home Residents as NO to these questions) - 60601		ne-self
$\mathcal{CO}(\mathcal{G})$ In general, how is your health now: (1=Excellent, 2=Good, 3=Fair, 4=Poor,	9= Unknown)	
- COMP - Compare your health to most people your own age: (1=Better, 2=About the 3=Worse, than most people your own age, 9=Unknown)	same,	
COT Are you working now: (0=No, 1=Yes,Full time, 2=Yes, Part time, 9=Unknown)		
$\mathcal{LOS} \begin{bmatrix} 1 \\ 1 \end{bmatrix} \begin{bmatrix} 1 \\ 1 \end{bmatrix}$ During the past 6 months (180 days) how many days were you so a unable to carry out your usual activities? (999=Unknown)	sick that you w	ere
DURING THE COURSE OF A NORMAL DAY, HOW DO YOU CARRY OU ACTIVITIES? Coding: 0=No help needed, independent, 1=Uses device, independent, 2=Human assis dependent, 3=Dependent, 4=Do not do during a normal day, 9=Unknown		
$\mathcal{LO}(q) = $ DRESSING (undressing and redressing)		
BATHING (including getting in and out of tub or shower)		
eo11 EATING		
$\frac{l}{l}$ TRANSFERRING (getting in and out of a chair)		
2073		
60-14 CONTINENCE (bowel and bladder continence)		
_ COTS _ WALKING ON LEVEL SURFACE ABOUT 50 YARDS (length of 1	hurber St.)	
1000 Walking up and down one flight stairs		
$\frac{1}{2} \frac{1}{2} \frac{1}$		
$_{-}$ $_{078} _{-}$ taking own medications		

.

EXAM 5

(HOME 2) ACTIVITIES QUESTIONS- PART A

VERSION 02/28/9

50002 FORM NUMBER

Rosow-Breslau Questions

/01/|_| Are you able to do heavy work around the house, like shovel snow or wash windows, walls or
floors without help? (0=No, 1=Yes, 9=Unknown)
/050|_| Are you able to walk up and down stairs to the second floor without any help?
(0=No, 1=Yes, 9=Unknown)
/051|_| Are you able to walk half a mile without help? (About 4 to 6 blocks)
/051|_| Are you able to walk half a mile without help? (About 4 to 6 blocks)
/051|_| Do you drive? (0=No, 1=Yes, 9=Don't Know) (Continue if answer is no)
/053|_| Reason for not driving now
/053|_| Reason

EXAM 5

(HOME 3 ACTIVITIES QUESTIONS - PART B

Nagi Questions

VERSION 02/28/9

500031 FORM NUMBER

For each thing tell me whether you have

- (0) No Difficulty
- (1) A Little Difficulty
- (2) Some Difficulty
- (3) A Lot Of Difficulty
- (4) Unable To Do
- (5) Don't Do On MD Orders
- (9) Unknown

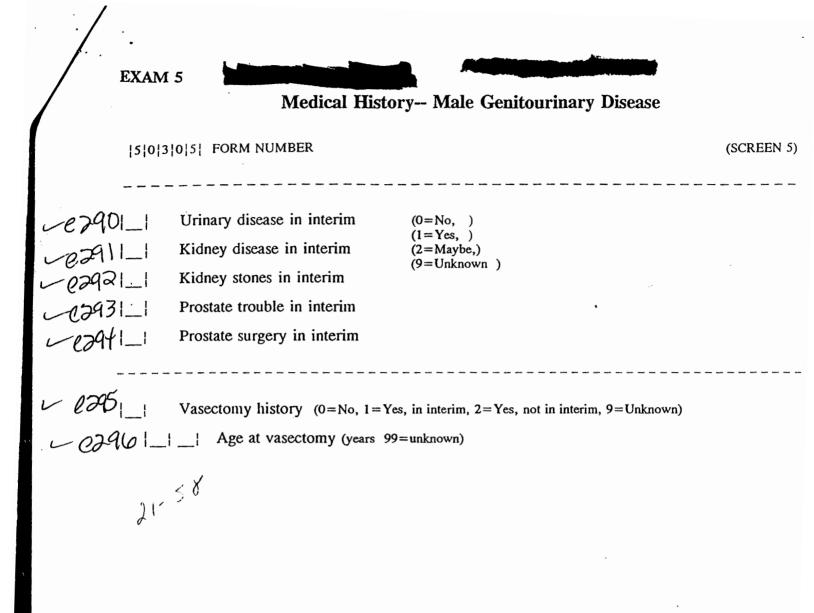
•	•		A	ų
	EXAM 5			
	INTERVIEW	V ·	VERSION 02/28, Activities Questions Part C	
	5 0 0 0 4	FORM NU	MBER	
, e 09 , e0 , e04 , e04	or gro 9+ _ _ 1 0 _ SINCE (Co If yes, plo	und? (code as r If yes, how ma E YOUR LAST de: 0=No, 1=Yo	re you accidentally fallen and hit the floor no if during sports activity) (0=No, 1=Yes, 2=Maybe, 9=Unknown) any times did you fall in the past year? (99=Unk) T CLINIC VISIT HAVE YOU BROKEN ANY BONES? es, 2=Unsure, 3=Under age 30, 9=Unknown) w. Code as 3 if under age 30, and skip rest of this section ers give year)	
	Left	Right	Location	
~~	19/10914	19/20971	Upper arm (humerus) or elbow	
~~	19/20981	19/0991	Forearm or wrist	
V	19R	00	Back (If disc disease only, code as no)	
レ	19/2		Pelvis	
~~	19/01/21	19/2/03	Нір	
~	19/01	041	Other (specify)	

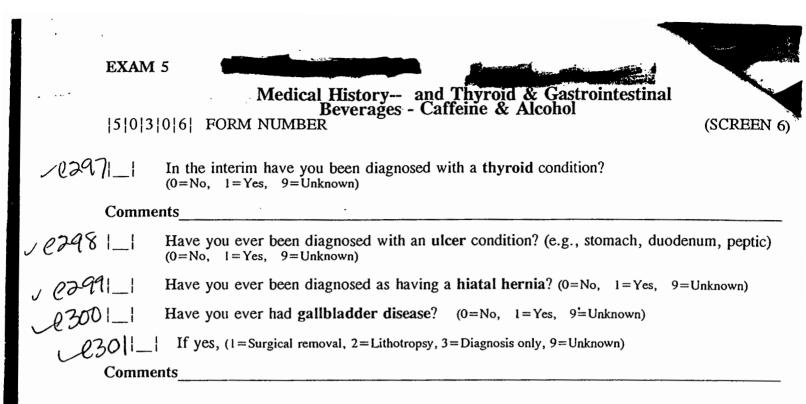
EXAM 5				
	Medical Histor	yHosp	italižatio	ons
(SCREEN 1)				
VERSION 09/30/92	OFFSPRING	EXAM	5	DATE
[5]0 3]0 1 FORM NUMBER				
[] Dala] Sex of Patient (1=M	ale, 2=Female)			
02131_1_1_1 1st Examiner II)		lst Exam	iner Name
Ral41_1 HOSPITALIZATION	or E.R. visit in interim		(2=yes, mo	=yes, hospitalization) ore than 1 hospitalization) ency Room visit) wn)
$/0215 _ $ Illness with visit to doc	ctor (0=No, 1=Yes,1 visit;	2=Yes,n	nore than 1	visit; 9=Unknown)
$\mathcal{PTIG}_{Check up in interim by}$	doctor $(0=No, 1=Yes,$	9=Unknov	vn)	
$\sqrt{\frac{2}{MM DD YY}}$ Date of this F	HS exam (Today's date -	See above))	

Medical Encounter	Month/Year (of last visit)	Site of Hospital or Office	Doctor		

EXAM 5	
Medical HistoryCardiovas	scular integreations (SCREEN 2)
$\sim * \frac{23}{2}$ Number of aspirins per $\frac{23}{2}$ (0=Never, 1=D	av. 2=Week. 3=Month 4=Year. 9=Unknown)
(0, 1) Any of the cardiovascular medications below (0)	
$\mathcal{U} \mathcal{V} \mathcal{V}^{**} _{(0=\text{No}, 1=\text{Yes}, 9=\text{Unknown})}$	
0227 Cardiac Glycosides	CODE
Nitroglycerine	(0=No;) $(1=Yes,now;)$
0777 Longer acting nitrates (Isordil, Cardilate, etc.)	(2=Yes,not now;) (3=Maybe)
Calcium Channel Blockers (Nifedipine, Verapamil, D	(9=Unknówn;) iltiazem)
/ pJJ 4 Beta Blockers (Specify)	
	adolol =03 Atenolol =04 Metoprolol=05 ebutolol=07 Labetalol=08 Other=09)
67791 Loop Diuretics (Lasix, etc.)	
De Boller Thiazide/K-sparing diuretics (Dyazide, Maxide, etc.)	*
(2311_ Thiazide diuretics	WRITE IN MEDS AND DOSE
6232 _ K-sparing diuretics (Aldactone, Triamterene)	
1933 Potassium supplements	·
e231 _ Reservine derivatives	
e ²³ / _e ²³ / _e Methyldopa (Aldomet)	
1 Alpha-1 agonist (Clonidine, Wytensin, Guanabenz)	
Alpha-2 blockers (Prazosin, Terazosin, Doxazosin)	
23% _ Renin-angiotensin blocking drugs (Captopril, Enalapri	l, Lisinopril)
/2391_ Peripheral vasodilators (Hydralazine, Minoxidil, etc)	
(coto) Other anti-hypertensives(Specify)	
(Quinidine, Procainamide, Norpace, Dis	sopyramide, etc)
(Anturane, Persantine, etc.)	
VQ747 Anticoagulants (Coumadin, Warfarin, etc.)	
(2) [1] Other cardiac medication (Specify)	

EXAM 5 Medical History-- Female Genitourinary Disease (SCREEN 4) 50304 FORM NUMBER 102731_1 Periods have stopped one year or more (0=No, 1=Yes, 9=Unknown) Age when periods stopped (Years, 99=Unknown) 12751 Cause of cessation of menses (0=Not stopped, 1=Natural, 2=Surgery, 3=Other, 9=Unknown) 10-10 Age at hysterectomy (years), (00=No, 99=Unknown) 1 PZ-77 Ovary or ovaries removed (0=No; 1=Yes,one; 2=Yes,two; 9=Unknown) Number of live births (88=Not Applicable-man, 99=Unknown) DATED P279 Age at tubal ligation (00=No, 99=Unknown) P2801_ Oral contraceptives in interim (0=No, 1=Yes,now; 2=Yes,not now, 9=Unknown) Name of oral contraceptive last used (e.g. Demulen 1/50) (only list if agent used since last exam) >=other (on a diff ~p28/1 Conjugated estrogen use in interim (e.g. Premarin) (0=No, 1=Yes, now; 2=Yes, not now, 9=Unknown) / e2821-1 Oral dose/day of premarin or conjugated Estrogens (0=No, 1=0.325mg, 2=0.625mg, 3=1.25mg, 4=2.5mg, '9=Unknown) ~ e2831_ Patch dose/day of estrogen (0=No, 1=0.5, 9=Unknown) 02841 Number of days a month taking estrogens (99=Unknown) ~02851 Estrogen cream use interim (0=No; 1=Yes,now; 2=Yes,not now; 9=Unknown) 102861_ Progesterone use interim (0=No; 1=Yes,now; 2=Yes,not now; 9=Unknown) ~e287 Urinary disease in interim (0=No,(1=Yes,) ~ P288 1:1 Kidney disease in interim (2=Maybe,) (9=Unknown) -02891_1 Kidney stones in interim





----- Daily intake over past year -----

Caffeinated				Decaffeinated			
	Unit	# per day	Method		Unit	# per day	Method
Coffee	cup	-8302	EB03	Coffee	cup	-93941	CBES
Tea	cup	-030La		Tea	cup	-03071	· · · · ·
Cola	12 oz	-213081		Cola	12 oz	-C3091	

Method used predominantly: 0=Non drinker, 1=Filter, 2=Perc, 3=Boil, 4=Instant, 8=Other, 9=Unknown

Alcohol Consumption

		Average Number of drinks per week over course of year	Number days drink per week	On Average, Limit for number of drinks at one period of time
Beverage	Unit	Code 00=never, 01=1 or less, 99=unknown	Code 0-7 9=Unknown	Code number 99=Unknown
Beer	bottle, can, glass (12 oz)	83101 -	e311 -	P3171-
Wine	glass (4 oz)	EBIB 1-	CBIH -	03151
Liquor	cocktail, highball	e131161 -	Q3111 -	103181

EXAM 5 Medical History--Smoking [5|0|3|0|7| FORM NUMBER (SCREEN 7) * 12319 Smoked cigarettes regularly in the last year? (0=No, 1=Yes, 9=Unkown)1032 How many cigarettes do/did you smoke a day? (01=one or less, 99=unknown) e321 1_1 Do you inhale? (0=No, 1=Yes, 9=Unknown) Strength Filter Length **Cigarette Brand** Type Code the first Code Code Code Code eight letters 1=Normal l = Regularl=Nonfilter I = Regular2 = Lite2=Menthol 2 = Filter2 = King3 = 100 mm3 = Ultralite8 = N/A8 = N/A4=120 mm 9 = Unknown9 = Unknown8 = N/A9 = Unknown8 = N/A9=Unknown ~e327 Ce326 How many hours since last cigarette? (01=1 hour or less,24=24 or more hours,) (88=currently non-smoker, 99 = Unknown) Do you now smoke cigars? $(0 = N_0)$ (1 = Yes, inhale)10 329 Do you now smoke pipes? (2 = Yes, no inhale)(9=Unknown) **Passive Smoking** 1e330 Does your spouse smoke now? (0=no, 1=yes, 2=not married, 9=unknown) If yes, how much does he/she smoke a day? Pipes/day Cigarettes/day Cigars/day e331. e337 Total

 $/|\underline{e},\underline{\beta},\underline{3},\underline{7}|$ Excluding you and your spouse, how many other smokers live in your household? (Cigarette, cigar or pipe smokers) (0=none, 98=nursing home resident, 99=unknown)

e 3351

fintial

At home

234

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EXAM 5	Medical History Respira	atory
5 0 3 0	0 8 FORM NUMBER	(SCREEN 8)
Je338 1_1 0	Chronic cough in interim (at least 3 months/year) (0=No; 1=Yes, productive; 2=Yes, non-productive; 9=U	nknown)
/e339 1_i v	Wheezing or asthma (0=No, 1=Yes, 9=Unknown)	
/ e340	Type (0=None, 1=New in interim, 2=Old, 8=N/	/A, 9=Unknown)
1 e3411_1 I	Dyspnea on exertion (0=No) (1=Climbing stairs or vigorous exertion) (2=Rapid walking or moderate exertion) (3=Any slight exertion) (9=Unknown)	۰
~e3421_1 I	Oyspnea has increased over the past two years (0=No, 1=Yes, 9=Unknown)	· · ·
	Orthopnea Paroxysmal nocturnal dyspnea Ankle edema bilaterally	(0=No) (1=Yes-new in interim;) (2=Yes-old complaint;) (9=Unknown)
0247111	st Examiner believes CHF st Examiner believes Chronic Bronchitis (Cough that produces sputum at least 3 months in past 12 months	(0=No,) (1=Yes,) (2=Maybe,) s) (9=Unknown)
N	o second opinion needed for bronchitis	
Kespirato	ory Comments	

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EXAM 5 Medical History-- Heart Part I 50309 FORM NUMBER (SCREEN 9) $\sqrt{\ell}$ Any chest discomfort since last exam (0=No,)(1 = Yes,) $\sim e_{349}$ |_| Chest discomfort with exertion or excitement (2=Maybe,) (9 = Unknown) $\sim e.350$ [_] Chest discomfort when quiet or resting Chest Discomfort Characteristics (must have checked first box above) Date of onset (mo/yr, 99/99=Unknown) $1/9353|_|_|$ Usual duration (minutes, 999=Unknown) e 354 [____ Longest duration (minutes: 1=1 min or less, 900=15 hrs or more, 999=Unknown) 6355 | Location (0=No, 1=Central sternum and upper chest, 2=L Up Quadrant, 3=L Lower ribcage, 4=R Chest, 5=Other, 6=Combination, 9=Unknown) Le356 | Radiation (0=No, 1=Left shoulder or L arm, 2=Neck, 3=R shoulder or arm, 4=Bac 5=Abdomen, 6=Other, 7=Combination, 9=Unknown) 4 = Back, (Number in past month, 999=Unknown) P 358 | Frequency (Number in past year, 999=Unknown) - P 359 | Type (1=Pressure, heavy, vise; 2=Sharp; 3=Dull; 4=Other; 9=Unknown) Chest Discomfort relief. (0=No, 1=Yes, 8=Not tried, 9=Unknown) Nitroglycerine in <15 minutes Rest in <15 minutes Spontaneously in <15 minutes Other cause in < 15 minutes -e36411 1st Examiner believes angina pectoris in interim (0 = No,(1 = Yes,)~ 365 I_I 1st Examiner believes coronary insufficiency in interim (2=Maybe,)(9=Unknown) p366 1_1 1st Examiner believes myocardial infarct in interim Comments

EXAM 5		
EAAWI 5		\backslash
	Medical History Syncope	\backslash

50310 FORM NUMBER

(SCREEN 10) If you sit or stand up quickly do you get: (Code: 0=No, 1=Yes, 2=Maybe, 9=Unknown) Number of episodes Usual duration from onset to recovery (minutes, 1=1 minute or less, 999=Unknown) per year (999=Unknown) 0369 0370 e 367 Dizzy/vertigo e368 | Lightheaded/unstable e3711 | Have you fainted or lost consciousness in the interim? — (If event immediately preceeded by head injury or accident code to 0=No) (Code: 0=No, 1=Yes, 2=Maybe, 9=Unknown) e3721 | | Number of episodes in the past two years (999=Unknown) p373/1e37 Date of first episode (mo/yr, 99/99=Unknown) ~ -€ 3751 | | Usual duration of loss of consciousness (minutes, 999=Unkn) e 376_1 (usual) Activity preceding event (0=None, 1=Exertion, 2=Rest, 3=Defecation/Micturition/Cough. 4=Emotional upset, 5=Alcohol consumption, 6=Turning neck (e.g. shaving), 7=Postural change (e.g. laying to standing), 8=Recent medication change or ingestion, 9=Other, or combination (specify) ,99 = UnknownSymptoms noted before event(s) Symptoms noted after event(s) (0=No, 1=Yes, 2=Maybe, 9=Unkn)(0=No, 1=Yes, 2=Maybe, 9=Unkn) e 1382 Urinary/fecal incontinence Nausea/vomiting eB83 Confusion Warning signs (e.g. Aura) e 138 1 Chest discomfort Focal weakness (e.g. arm, leg) 0 380 e 1385 Shortness of breath Other (specify) 0 38 **Palpitations** P 386 | Did you have any injury caused by the event? (0=No, 1=Yes, 2=Maybe, 9=Unknown) e 387 |__ | Was seizure activity observed? (0=No, 1=Yes, 2=Maybe, 9=Unknown) Who observed event? p 358 ER/hospitalized or saw M.D. (0=No, 1=Hosp., 2=Saw M.D., 9=Unknown) Hospitalized at: M.D. seen: 1st Examiner Opinions: C389 Cardiac Syncope (0=No, 1=Yes, 2=Maybe, 3=Presyncope, 9=Unknown) needs second opinion . Seizure disorder ø 390 (0=No,)(1=Yes,)Vasovagal episode 🗸 (2=Maybe,) (9=Unknown) e 391 Specify:_____ Other e 392 Comments _____

EXAM 5	Medical History	Carebravagaular
	Medical History(
5 0 3 1 1 FORM 1	NUMBER	(SCREEN 11)
Cerebrovascular epis	odes since last exam (0=No, 1=	=Yes, 2=Maybe, 9=Unknown)
e 393 _ Sudden mus	cular weakness 🗸	
C 394 _ Sudden spee	ch difficulty	
e 395 _ Sudden visu comments on bottom of sc e 396 _ Double visio	al defect	(If more than one event specify in
e 397 _ Loss of visio		·
e398 _ Unconscious	sness 🗸	
e3991_1 Numbness,	tingling	
e 4001_1 Num	bness and tingling is positional 🧹	
e401 _ CT scan (h	ead) since last exam (date/place)
e 4021_1 Seen by new	urologist since last exam (write in v	who & when below)
01162 0UAU		
	Date (mo/yr,99/99=Unkn) Observed	i by
	t time (1=Active, 2=During sleep, 3=V	While arising, 9=Unknown) 🛩
1 <u>e406</u> 1*1		e 24-hour military time, 99.99=unknown) —
<u> </u>		nat days/hours/mins, 99/99/99=Unknown)
<i>e 411</i> _ Hospit	talized or saw M.D. (0=No, 1=Hosp	o., 2=Saw M.D., 9=Unknown)
€412 _ _ Nun	iber of days stayed at	
1st Examiner Opinion 4/3 _ Cerebrovascular	IS Disease	(0=No)
414 [] Stroke in Interim		(1 = Yes) $(2 = Maybe)$
	nic Attack in Interim (TIA) 🗸	(9=Unkown)
• • •	ts	•

EXAM 5

Medical History-Peripheral Arterial and Venous

50312 FORM NUMBER

e416 * |_ | Do you have lower limb discomfort while walking (0=No, 1=Yes, 9=Unknown) If yes, fill in below

	Left	Right	Vascular symptoms (0=No, 1=Yes, 9=Unkn)	
	e417	e418	Discomfort in calf while walking	
	2419	eHZP	Discomfort in lower extremity (not calf) while walking	~ _
(07	e4211	1	Occurs with first steps .	L
6473.	e4224	1	After walking a while	
0422-	e4231		Related to rapidity of walking or steepness	L
	e4241		Forced to stop walking	<u> </u>
	e425		Time for discomfort to be relieved by stopping (minutes) (00=No relief with stopping, 88=Not Applicable)	-
	e426		Number of days/month of lower limb discomfort (00=No, 88=N/A, 99=Unknown)	L

e427* Is one foot colder than the other? (0=No, 1=Yes, 9=Unknown)

Ask venous questions for all patients

	VENOUS DIS	EASE	
Left	Right	Venous Symptoms	
Code: 0=No, 1	=Yes, 9=Unknown		
e4281	e4291	Phlebitis	
e43011	e431	Leg ulcers	00
e4321	e4331	Treatment for varicose veins	<i>L L L</i>

1st Examiner Opinions: (0 = No, 1 = Yes, 2 = Maybe, 9 = Unknown)

ey39 |__ | Intermittent Claudication (Also see screens 19 & 20 for art. periph. vasc. disease & varicose veins) e 435 |_ | Venous Insufficiency (Also see peripheral vessel I screen) 1-

Comments Peripheral Vascular Disease

(SCREEN b



Medical History-- Raynaud's and Heart Surgery

[5|0|3|1|3| FORM NUMBER

(SCREEN 13)

	Ask all of these		Raynaud's Questions	
~e43	6 1_1	같다. 가진, 가진 소식 가지,	Are either your fingertips or toes unusually sensitive to the cold? (0=no, 1=yes, 9=unknown)	~
e43	71_1		Do your fingers ever show unusual color changes? (0=no, 1=yes, 9=unknown)	Ĺ
	e438		If yes, do they become white?	
	e439		If yes, do they become blue?	·
	e440		If yes, do they become red? (0=no, 1=yes, 9=unknown)	-
	eчч	_	Have you consulted a doctor for color changes or sensitivity in fingers?	_
e44	21_1		Have you ever used vibrating power tools? (0=no, 1=yes, in employment, 2=yes, at home, 3=yes, both at home & in employment 9=unknown)	ent,

History of Heart Surgery (Not Coronary Surgery)

If unsure, please write in comments for later coding

		Aort	ic	M	itral		Tric	uspid	Pul	monic
Procedure	e44:	3	~	e444			e4451		e4461	1
Year	1	9104	147 -	1910	448	ŗ	19	ен49-	19	e45D.

0 = No

1 = Mechanical (Bjork, Starr Edwards

4 = Repair (NOT A commissurotomy)

5 = Other Specify: 9 = Unknown

2 = Bioprosthesis (Pig, homograft) 3 = Commissurotomy, Balloon valvuloplasty

Comments

EXAM 5

Medical History-- CHD and Complications [5]0]3]1]4] FORM NUMBER (SCREEN 14)

Coding: 0=No, 1=Yes 2=Maybe, 9=Unkn	Cardiovascular Procedure
e4511_1	e452 Coronary arteriogram
	19 Year first done (99=unknown)
e453_1 J	Coronary artery angioplasty
	$19 \underline{\ell} \underline{ } $ Year first done (99=unknown)
	e 455 Type of procedure (0=none, 1=balloon, 2=other, 9=unknown
eys61_1	e457 Coronary bypass surgery
	19 Year first done (99=unknown)
e4581_1	e459 Carotid artery surgery
	19 Year first done (99=unknown) ~
e4601_1~	e461 / Abdominal aorta surgery
	19 Year first done (99=unknown)
e4621_1/	e463 Femoral or lower extremity surgery
	19 Year first done (99=unknown)
e4641_1 -	e465 Permanent pacemaker insertion
· ·	19 Year first done (99=unknown)

CARDIOVAS Please list all	CARDIOVASCULAR PROCEDURES SUMMARY Please list all subsequent cardiovascular procedures						
DATE	HOSPITAL	TYPE OF PROCEDURE					
/ /							
/ /							
/ /							
1 1							
1 1							

EXAM 5

200

Cancer Site or Type

(SCREEN 15

45|0|3|1|5| FORM NUMBER 2466 Have you ever had cancer or a tumor? (0=No and skip to next screen, 1=Yes, 2= 1=Yes, 2=Maybe, 9=Unknown -- for these responses, please continue)

Code for table: 0=No, 1=Yes, Cancerous, 2=Maybe, Possible Cancer, 3=Benign, 9=Unknown

	Code	Site of Cancer or Tumor	Year First Diagnosed	Name Diagnosing M.D.	City of M.D.
2467		Esophagus			
468		Stomach			
469		Colon			·
2470		Rectum			
2471		Pancreas			
2472		Larynx			
473		Trachea/ Bronchus/Lung			
474		Leukemia 🗸		·	
475		Skin			
476		Breast			
2477		Cervix/Uterus			
418		Ovary 🗸			
479		Prostate -			
480		Bladder 🗸			
481	1	Kidney			
482		Brain 🖌			
483		Lymphoma 🗸			
484		Other/Unknown -			

Comment (If participant has more details concerning tissue diagnosis, other hospitalization, procedures, treatments)

EXA EXAM 5 Physical Exam-Head, Neck and 50316 FORM NUMBER (SCREEN 16) Physician Blood Systolic Diastolic 0486 Pressure (first reading) Eyes, Xanthomata, and Thyroid e487 Corneal arcus (0=No, 1=Slight, 2=Moderate, 3=Marked, 9=Unknown) 04881 Xanthelasma (0=No, 1=Yes, 2=Maybe, 9=Unknown) e4891 Xanthomata (0=No, 1=Yes, 2=Maybe, 9=Unknown) e4901 1 Achilles tendon xanthomata -(0 = No,)ey9||_| Palmar xanthomata (1 = Yes.)p 4921_1 Tuberous xanthomata (9 = Unknown)e493 [_____ | Thyroid abnormality (0=No, 1=Yes, 2=Maybe, 9=Unknown) e494|_| Scar ______e496|_| Single nodule e498|_| Other e4951_1 Diffuse enlargement 4971_1 Multiple nodules Comments about Thyroid Respiratory e4991 Increased a-p diameter (0=No,)e5001 Fixed thorax (1 = Yes,)1501 Wheezing on auscultation (2=Maybe,) e5024 Rales (9=Unknown) 05031 Other abnormal breath sounds Comments about Respiratory

			·	Physi	cal Exam	Hea	rt			
	5 0	3 1 7	FORM NUMBER							(SCREE
e	5014	Enlarg	gement $(0=N_0, 1=I)$	eft only, 2=Right o	nly, 3=Both,	9=Unk	nown) 🤟			
,5	1_120	Gallop	0 (0=No, 1=S3	only, 2=S4 only, 3=	=Both, 9=Ui	uknown)				
		abnor	mal Sounds (0=1)	lo, 1=Yes, 9=Unkn	own)					
51	_ dt	Click								
'5	071_1	Abnor	mally split S2							
		Dimin	ished A2	/						
5	091_1	Other	(Specify below)	, ,		/				
51	0 _	Systol	ic murmur(s) (0=	No, 1=Yes, 2=May	be, 9=Unkn	own) (if	yes, fill o	ut table bei	ow)	
	Murmur Location		Grade 0=No sound 1 to 6 for grade of sound heard)	Type 0=None, 1=Ejection, 2=Regurgitant 3=Other 9=Unknown)	None, jection,0=None, 1=Axilla,0=Nochange 1=Increase 2=Decreasegurgitant2=Neck, 3=Back,2=Decrease 9=Unknown		change, icrease ecrease	Origin 0=None, indet. 1=Mitral 2=Aortic 3=Tricuspid 4=Pulm 9=Unknown)		
	Ápe	ex	e511		e5131		e5141		e5151	-
	Left Ste	ernum	e516	e5171	e5181	L	e5191		e529	1-
	Bas	se	e5211_1-	e522	e523		e524		e525	
52	6	Diasto	lic murmur(s) (0=	=No,1=Yes,2=May	Ч be,9=Unkno	522 wn) -	- 5	23		
	e527	-1_1	Valve of origin fo (0=No, 1=Mitral, 2:	r diastolic murmu =Aortic, 3=Both, 4=	= Other, 8 = N	I/A, 9=	Unk)			
57	281_1	Neck v	vein distention at 4	15 degrees (0=No,	1=Yes, 2=	Maybe,	9=Unknov	wn) 🗸		
	Comm									

1.17

EXAN	15			
			Physical ExamBreasts and Abdomen	
5 0	3 1 8 FO	RM NUMBE	ER	(SCREEN 18
e529 _ e539 e531	Breast ab	calized mas	(1 = Yes) (2=Maybe)	
	Left	Right	Breast Surgery	
e532			Breast Surgery (0=No, 1=Yes, 9=Unknown)	
	e\$33	es 37	Procedure Use lowest code: (0=No, 1=Radical mastectomy, 2=Simple mastectomy, 3=Biopsy, 4=Lump removal, 5=Cosmetic, 9=Unknown)	
Comr	nents abou	ıt abnorm	ality:	
Abdon	ninal abno	rmalities	(0=No, 1=Yes, 2=Maybe, 9=Unknown)	
e535	_ Live	er enlarged		
	Sur	-		
			eurysm 🗸	
	_ Brui			
. 629	_ Surg		adder scar –	
			al abnormality: V	

Contraction of the



5|0|3|1|9| FORM NUMBER

(SCREEN 19)

Left	Right	Varicosities
e5411 ~	e5421 -	Stem (0=No abnormality, 1=Uncomplicated 2=With skin changes, 3=With ulcer, 9=Unknown)
e5431	es411_1 ~	Reticular (0=No abnormality, 1=Uncomplicated 2=With skin changes, 3=With ulcer, 9=Unknown)
e5451 ~	e5461 /	Spider (0=No abnormality, 1=Uncomplicated 2=With skin changes, 3=With ulcer, 9=Unknown)

Left	Right	Lower Extremity Abnormalitiess
esy171 ~	est181 ~	Ankle edema (0=No, 1,2,3,4=Grade, 9=Unknown)
es441~	e5501-	Foot cold (0=no, 1=Yes, 2=Maybe, 9=Unknown)
e5511 ~	e554 -	Amputation (0=No, 1=Yes, 2=Maybe, 9=Unknown)
e5 5-7 ~	es <u>54</u>	Amputation level (0=No, 1=Toes only, 2=Ankle, 3=Knee, 4=Hip, 8=N/A, 9=Unknown)

Comments



|5|0|3|2|0| FORM NUMBER

(SCREEN 20)

	Pulse			Bruit				
Artery	(0=No	(0=Normal, 1=Abnormal, 9=			(0=Normal, 1=Abnormal, 9=Unknown)			known)
n an an Anna an Anna Anna an Anna Anna A	Le	Left		Right		eft	Rig	ht
Radial	e5551	11	e556			٩		
Femoral	e5571_		e5581	1/	e5591	/	es601	15
Mid-Thigh					e5611	1	e5621_	
Popliteal			· .		e563		e564	
Post Tibial	e5651		e5661					
Dorsalis Pedis	e5671		e568		5. E			

(For intermittent claudication and chronic venous insufficiency - See screen 12)

Comments

	Physical ExamNeurologic	cal and Final Blood Press	ure
5 0 3	2 1 FORM NUMBER		(SCREEN
	Left Carotid Bruit		
e579_1	Right Carotid Bruit		
e5711_1	Speech disturbance 🗸		
e5721_1	Disturbance in gait	(0=No)	
e5731_1	Localized muscle weakness	(1 = Yes)	
e5741_1	Visual disturbance	(2=Maybe)	
25751_1	Abnormal reflexes	(9=Unknown)	
25761_1	Cranial nerve abnormality 🧹		
e5771_1	Cerebellar signs		
e578 _	Sensory impairment		•
5791_1 1	st Examiner believes residual of stroke 🗸		
580 _ 1	st Examiner believes Parkinson's Disease		
	ts about Neurological findings		

	~	Ĺ
Physician Blood Pressure (second reading)	Systolic	Diastolic

EXAM 5 Electrocardiograph--Part I

(SCREEN 22

|5|0|3|2 |2 | FORM NUMBER

e583|_| ECG done (0=No, 1=Yes)

•

		Rates and Intervals
e584		Ventricular rate per minute (999=Unknown)
e585	1.1.1	P-R Interval (hundreths of a second) (99=FullyPaced, Atrial Fib, or Unknown)
0.586		QRS interval (hundreths of second) (99=Fully Paced, Unknown)
e587		Q-T interval (hundreths of second) (99=Fully Paced, Unknown)
e588	_ _ _ _	QRS angle (put plus or minus as needed) (e.g045 for minus 45 degrees, +090 for plus 90, 9999=Fully paced or Unknown)

	Rhythm	·
e589 1_1	 1 = Normal sinus, (including s.tach, s.brady) 2 = Sinus rhythm with 1st degree AV block (PR interval ≥ .20 sec.) 3 = 2nd degree AV block, Mobitz I (Wenckebach) 4 = 2nd degree AV block, Mobitz II 5 = 3rd degree AV block / AV dissociation 6 = Atrial fibrillation / atrial flutter 7 = Nodal 8 = Paced 9 = Other or combination of above (list) 	

			Ventricular conduction abnormalities	
e590		IV Block (0=)	No, 1=Yes, 9=Fully paced or Unknown)	\checkmark
		esal	Pattern (1=Left, 2=Right, 3=Indeterminate)	
		2592	Complete (QRS interval = .12 sec or greater)	
		e593	Incomplete (QRS interval = .10 or .11 sec)(0=No, 1=Yes, 9=1	Unknown)
es	14	Hemiblock (0	=No, 1=Left Ant, 2=Left Post, 9=Fully paced or Unknown)	
e595		WPW Syndron	ne (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown)	/

		Arrhythmias
e596		Atrial premature beats (0=No, 1=Atr, 2=Atr Aber, 9=Unknown)
e597	11	Ventricular premature beats (0=No, 1=Simple, 2=Multifoc, 3=Pairs, 4=Run, 5=R on T, 9=Unk)
e598		Number of ventricular premature beats in 10 seconds (see 10 second rhythm strip)





Electrocardiograph-Part II

50323 FORM NUMBER

(SCREEN 2

		Myocardial Infarction Location
e599		Anterior (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown)
e600		Inferior (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown)
e601		True Posterior (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown)
-		Left Ventricular Hypertrophy Criteria (0=No, 1=Yes, 9=Fully paced, Complete BBB or Unk)
2602		R > 20mm in any limb lead
e603		R > 11mm in AVL
e604		R in lead I plus S \geq 25mm in lead III \checkmark
		Measured Voltage
e605	*	R AVL in mm (at 1 mv = 10 mm standard) Be sure to code these voltages $$
2606	*	S V3 in mm (at 1 mv = 10 mm standard) Be sure to code these voltages \checkmark
		R in V5 or V6—S in V1 or V2
e607		R≥ 25mm
2608		$S \ge = 25 \text{mm}$
2609		$R \text{ or } S \ge 30 \text{mm}$
ebiD		$R + S \ge 35mm$
eloll		Intrinsicoid deflection $\geq .05 \text{ sec}$
e612		ST depression (strain pattern, with down sloping ST)
		Hypertrophy, enlargement, and other ECG Diagnoses
e613	·	Nonspecific S-T segment abnormality (0=No, 1=Yes, 2=Maybe, 9=Paced or Unk)
e614		Nonspecific T-wave abnormality (0=No, 1=Yes, 2=Maybe, 9=Paced or Unk)
e615		U-wave present (0=No, 1=Yes, 2=Maybe, 9=Paced or Unk)
e616		Atrial enlargement (0=None, 1=Left, 2=Right, 3=Both, 9=Atrial fib. or Unknown)
e617		RVH (0=No, 1=Yes, 2=Maybe, 9=Fully paced or Unknown; If complete BBB present, RVH=9)
018	_	LVH (0=No, 1=LVH with strain, 2=LVH with mild S-T Segment Abn, 3=LVH by voltage only, 9=Fully paced or Unkn, If complete BBB present, LVH=9)

Comments and Diagnosis_

EXAM 5 Clinical Diagnostic Impression Part	
5 0 3 2 4 FORM NUMBER	(SCREEN 24)
Coronary Heart Disease	
0619 _ Angina Pectoris / (0=No, 1=Yes-Old, 2=Yes-New, 3=Yes-Recurrent,	4=Maybe, 9=Unknown)
e629 _ Coronary Insufficiency	
e 02 Myocardial Infarct J	
Other Heart Diagnoses in Interim	
e 622 _ Rheumatic Heart Disease (0=No, 1=Yes, 2=Maybe, 9=Unknown)	
elo23 Aortic Valve Disease /	
024 _ Mitral Valve Disease	
e_{025} [_] Other Heart Disease (includes congenital) \int	
626 _ Congestive Heart Failure	
elo27 _ Arrhythmia	
E 628 Functional Class (0=None; NYHA Classif 1,2,3,4) (Class 1=Ordinary physical activity, does not cause symptoms) (Class 2=Ordinary physical activity, results in symptoms) (Class 3=Less than ordinary physical activity results in symptoms) (Class 4=Any physical activity results in symptoms) Comments CDI Heart	

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EXAM			
1	Clinical Diagnostic ImpressionPart II		
5 0 2	3 2 5 FORM NUMBER (SCREEN 25)		
~ ·			
	heral Vascular Disease in Interim		
e629 1_1	Intermittent Claudication (0=No, 1=Yes, old, 2=Yes, new, 3=Yes, recurrent, 4=Maybe, 9=Unknown)		
e6301_1	Other Peripheral Vascular Disease		
e63) [_]	Stem Varicose Veins		
e6321_1	Phlebitis /		
e6331_1	Other Vascular Diagnosis (Specify)		
Carol	provascular Disease (0=No, 1=Yes, old, 2=Yes, new, 3=Yes-Recurrent, 4=Maybe, 9=Unknown)		
e634 1_1	Stroke		
e635 1_1	Transient Ischemic Attack (TIA)		
e 1636 1_1	Dementia /		
e6371_1	Parkinson's Disease		
e6381_1	Other Neurological Disease (Specify)		
Comments CDI Neurological			
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EXAM 5		
Clin	nical Diagnostic ImpressionPart III	
5 0 3 2 6 FORM NUMBER		(SCREEN 26)
Non Cardiovascular Diagnoses	(0=No, 1=Yes,old, 2=Yes, new, 3=Yes, recurrent,	4=Maybe, 9=Unknown)
e639 Diabetes Mellitus √		
e640 Urinary Tract Disease √		
e 641 _ Prostate Disease		
elo42 _ Renal Disease		
e6431_1 Emphysema		
elo44 _ Chronic Bronchitis		
elo451_1 Pneumonia		
e 6461_1 Asthma		
e6471_1 Other Pulmonary Disease		
e6481_1 Gout		
e 649 _ Degerative joint disease		
e650 _ Rheumatoid arthritis		
e[051] Gallbladder disease		.7
elos 2 _ Other non C-V diagnosis (for	cancer, see screen 15)	

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Comments CDI Other Diagnoses_

EXAM 5 Second Examiner Opinions in Interim 50327 FORM NUMBER (SCREEN 27) e653 |__|_ | 2nd Examiner ID Number _____ 2nd Examiner Last Name Coding for entire screen: (0=No, 1=Yes,old, 2=Yes, new, 3=Yes, recurrent, 4=Maybe, 9=Unknown) e654 | Congestive Heart Failure \checkmark ρ [δ 55] | Cardiac Syncope \checkmark eloso |_ | Angina Pectoris / e.657 |__| Coronary Insufficiency 🗸 elo58|__| Myocardial Infarction / Comments about chest and heart disease $e \left[659 \right]$ | Intermittent Claudication Comments about peripheral vascular disease e6601_| Stroke e661 |_| TIA Comments about possible Cerebrovascular Disease

Framingham Heart Study Lab Data · . Id: Exam Date E667 Total Cholesterol (mg/dL) Cholesterol to HDL Ratio E668 HDL Cholesterol (mg/dL) E669 HDL-3 Cholesterol (mg/dL) E670 Triglycerides (mg/dL) F671 Glucose (mg/dL) Interpretation: Total Cholesterol Level (mg/dL) Heart Disease Risk under 200 Low 200 - 240Average over 240 Above average Triglycerides over 200 (mg/dL) are considered elevated. Cholesterol to HDL Ratio. under 4.5 Good under 3.5 Ideal